

April 2013

Chelmsford Boasts Britain's Greatest Granny

The winner of Grannynet's 'Granny of the Year' competition has been announced as 58 year-old, Sonia Foster from Springfield, Chelmsford.

The competition in association with Infacol, the UK's No.1 selling treatment for infant colic, saw hundreds of Grannies enter, each nominated by their close friends and family in recognition of their dedication to being a brilliant Grandparent.

Sonia shone over and above all to win this admirable award, after her husband John nominated her for being a remarkable and loving person who always gives to other people.

Sonia, who is a retired coronary care nurse, is a wonderful grandmother to her son's two children, four-year-old Emily and two-year-old Louie, who she looks after every day for four hours while their mum is at work. She also has a granddaughter who lives in Singapore who they try to visit as often as possible.

Sonia said, "I was absolutely thrilled when I received a phone call that I had become Granny of the Year, the other finalists were so well qualified to win that I thought I never had a chance. Being a Grandma is a really fulfilling and rewarding experience and with the support of my husband we can both help our own children by extending the family support to them."

On top of looking after her grandchildren, Sonia is a schools escort for Taxi Bus in Chelmsford, looking after special needs children on the minibus to and from their home to Thriftwood's School.

"I have a very busy life with looking after my grandchildren and working on the school bus looking after special needs children to and from school, I will also work as a volunteer at a local pre school playgroup shortly."

What makes Sonia even more remarkable is that she has had two knee replacements and donated one of her kidneys to her twin sister Vivienne. Five years on, they are both doing very well.

As a reward for becoming the UK's 'Granny of the Year', Sonia has won a trip to Dorset's beautiful coast to visit the Knoll House; the best family friendly hotel in Britain.

Sonia said, "I am looking forward to the prize at Knoll House, I will be taking my Husband and two grandchildren with me which will be a truly memorable holiday."

--- END ---

For More Information Please Contact:

Roxy Billet - roxy@orbitalmediapr.com - +44 (0) 203 411 9111 (ext 801)

Notes to editors:

Grannynet was founded in 2006 by Verity Gill when her life was turned upside down by the arrival of her baby daughter. As she looked for help and guidance from her own mother, she realised what an important part a grandmother plays in the life of their grandchild.

Starting with a forum for grandparents to exchange stories and compare notes on their grandchildren, Grannynet quickly developed to provide the articles, blogs and product reviews which today supports a network of grandmothers all over the UK.

"All grandparents need support and I can't think of a better way of finding that support than by logging on to Grannynet." Dr Miriam Stoppard OBE